

WOMEN OF THE MIDWEST Travel Solo Together CO | IA | KS | MN | MO | NE

ICELAND!

Northern Lights, Ice, and Fire

with Women of the Midwest!

October 20-26, 2022







Dear Women of the Midwest,

Join me on a magical journey to a magical island; Iceland!

Just a bit smaller than Kentucky, it's a thrilling destination for nature enthusiasts like me, outdoor lovers and those just seeking the unexpected, set in soul-stirring scenery. It is also the world's most northern capital city with the friendliest people you will ever encounter making this trip even more joyful. And the lights - the Northern Lights - it will blow us away with its colors; pink, green, yellow, blue, violet, orange ...the best time to experience this is in the wintertime, the reason why we have chosen to travel late October.

Our journey goes to an island anchored near the top of the globe, with a raw beauty sculpted by its volcanic nature. Rumbling ice-covered volcanoes, black sandy beaches, gigantic glaciers silently gnawing away at mountains, crystal clear lagoons speckled with glistening icebergs, gurgling hot springs, explosive geysers, fields punctuated with stoic Viking horses and long-haired sheep, thunderous waterfalls adorned with absurdly perfect rainbows, and ever-changing light are wonders only experienced in Iceland!

We will listen to the stories of the Northern Gods and Goddesses, learn about Norse mythology, taste delicious and original local products, take an unforgettable journey into the heart of a glacier, a man-made ice cave, and have the opportunity to swim in the Blue Lagoon. Icelandic wool is something you will want to take a closer look at. It contains two different types of hair that serve as a natural barrier from wet and cold weather. The outer layer is composed of coarse, long hair, which Icelanders call "tog". The tough and

fleecy tog is a water-resistant layer. Consider taking some back home with you, maybe as a unique Christmas gift. What an adventure, what an awe-inspiring destination! It's a short get-away before the hustle and bustle of the

What an adventure, what an awe-inspiring destination! It's a short get-away before the hustle and bustle of the holidays. Come join me, solo or two-by-two. Let's catch the Northern Lights and explore this gorgeous island.

Sincerely yours, Lora Black Ambassador



October 20, 2022 Thursday

Iceland is a place you must see to believe! Our Iceland adventure begins as we take an overnight flight to Reykjavik. Enjoy inflight entertainment and meal service as you start your dream vacation.

October 21, 2022 Friday - *Reykjavik*

Upon our early arrival at Reykjavik airport, we will meet our English-speaking tour guide, who will follow us during our entire journey. We are off on a short drive to Revkjavik to be introduced to this cute town. We make our way to Hallgrimskirkia, a Lutheran parish church and one of the highest structures in Iceland. The elevator will take us to the top of the church to get the best view of the world's most northern capital. Soak in the colorful houses, blue water and mountains in the distance. Next. we take a stroll at our own pace down the bustling shopping street Laugavegur and a stop for lunch at a local restaurant. We continue our walking tour along the lovely city lake Tjörnin before making our way to the Harpa Concert Hall by the water. We finish our tour by visiting the Sólfarið ("Sun Voyager") sculpture. It is time to check into our hotel, relax and unwind for the remainder of the day. L

October 22, 2022 Saturday - Into the Glacier

After a hearty breakfast, we are off to a



once-in-a-lifetime experience.

We start the journey from Reykjavik and head towards the beautiful fjord Hvalfjordur. Hvalfjordur is directly translated into "Whale Fjord" because of the large number of whales in the surrounding water. Our first stop is at Sturlureyki, a farm located in a geothermal area. We also make stops at the hot spring Deildartunguhver. Deildatunguhver churns out 180 liters of boiling water per second (a rate of flow that tops all other European hot springs). Some of the water from the hot spring is used for heating purposes and is piped to nearby villages. We arrive in Husafell and our adventure leading us to the untouched beauty and raw nature of Langjokull, Iceland's second-largest glacier, begins. We will board a modified glacier vehicle, specially made to explore the glacier environment and enjoy the views as we drive on the top of the ice cap. Our specialist guide will teach us all about glaciers, prior to going deep inside the manmade ice tunnels leading to the blue heart of the glacier. This is only one of the many highlights on our journey. Lunch is served at a local restaurant before we head to our beautiful hotel in Grimsborgir. En route, we will make a stop at a farm that utilizes geothermally heated greenhouses in order to grow vegetables. The farm specializes in growing tomatoes - a remarkable feat in Iceland. We will enjoy a short visit along with a taste of their famous Bloody Mary made from their home-grown tomatoes.



After a wonderful day, we arrive at our hotel in time for a good night's rest. B |L|T|D

October 23, 2022 Sunday - Golden Circle

After breakfast, we embark on a full-day tour of the Golden Circle, a route that is home to some of Iceland's most wonderful natural attractions. We make our way to visit the UNESCO Listed Þingvellir National Park, the site of a magnificent rift valley where the historical and geological wonder of the American and Eurasian tectonic plates are pulling apart at a rate of a few centimeters per year. It is clearly visible! This place is also the home of the largest natural lake in Iceland. Next, we will see the spectacular Gullfoss Waterfall, before finally viewing the spouting geysers in the geothermally active valley of Haukadalur. An optional 1-hour snowmobile tour on the Langjokull glacier is offered. Lunch is served in Geysir before we enjoy yet another tasting of Iceland's local delicacies; the delicious rve bread, made in the old traditional way, by baking it underground using the natural geothermal heat found in the area. We return to our hotel in time for dinner. Enjoy a spa treatment tonight (optional) or simply relax taking in the stunning views of the northern lights. B | L | T | D

October 24, 2022 Monday - Southern Tour After enjoying breakfast, we will take a tour



of the southern part of Iceland. Our views today will include farmlands, glaciers, volcanoes, and waterfalls. We will pass from the volcano Hekla and the glaciervolcano Eyjafjallajokull which erupted in 2010, causing enormous disruption to air travel and affecting ten million travelers. Reaching the southern coast, we will see the Westman Islands rise from the sea. We will make a stop at the black beach of Reynisfjara and you will witness the spectacular basalt columns at the hillside as well as the characteristic rock pillars - a nesting place for puffins and other seabirds during the summer season. You will have the opportunity to walk the path of the Seljalandsfoss waterfall, passing behind the falling waters. Another impressive waterfall is Skogafoss. You will feel the power being released once the water hits the pool at the bottom in a cloud of spray. Lunch is served at a local restaurant today and dinner at our wonderful hotel. Yet another day of "cameras out"; photography opportunities are exceptional! B | L | D

October 25, 2022 Tuesday - Thorsmork, Viking Feast

After breakfast, we head towards Þórsmörk (or Thorsmork), a lush natural paradise situated in between three glaciers in the southern highlands. The valley is named after the Norse Thunder God Thor, and linked with some interesting Norse mythology. Thor, with his famous hammer,





played an important role in Icelanders' beliefs and the influence of the Pagan religion is evident in many location names spread far and wide across the country. An endless number of trails of various lengths stretching all around the valley provides something for everyone. You will be mesmerized by the most extraordinary geological wonders and again witness some of the most dramatic and spectacular volcanic mountain scenery and glacier views, all whilst taking in the fresh air and the almost impossible serenity of this place. A boxed lunch is in our bags today and you are free to take a stroll, walk, or hike as you prefer. Or simply lean back and reflect on your amazing Iceland adventure. Just like almost any other scenic place in Iceland, Þórsmörk has made an appearance on the famous "Game of Thrones". For the young at heart, we offer an optional 4x4 Super Jeep experience. Your driver will take you down rough Highland F-roads and cross several un-bridged and gushing glacier rivers, making Þórsmörk as much of an adventure as possible. In the afternoon we return to Reykjavik to check into our hotel. A special Viking Feast farewell dinner is to be enjoyed, including the special Icelandic shots! B | L (boxed) | D

October 26, 2022

Wendesday - Blue Lagoon - Return Home

Iceland without a visit to the famous Blue Lagoon is impossible! Our bags are

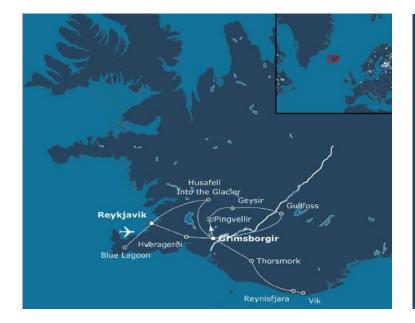
packed and safely kept onboard our motorcoach as we head to the Blue Lagoon this morning. Located on an old lava field, it is considered one of the 25 Wonders of the World. Being a natural geothermal spa, the warm sea waters are rich in minerals and silica which gives the water its mesmerizing bright blue appearance. Here, you can enjoy a swim and a free mud mask from the "Mud Bar", while you are able to order drinks on your electronic entrance armband once in the water. This is the most awesome way to conclude our journey!

Transfer to Reykjavik airport in plenty of time to check-in for our flight and clear security. You may wish to do some lastminute shopping at the duty-free stores before boarding and flying west across the Atlantic Ocean back to the United States. B

Itinerary is subject to change.

B = Breakfast L = Lunch T = Tasting D = Dinner





Package Price:

Per person in shared double room:	\$3,395
Per person in single room:	\$3,895

We offer "Pair-and-Share" service.

Ask us to assist with finding your roommate!

A non-refundable deposit of \$500 per person is required upon signing up. Deposit can be paid by cash, check or credit card. Balance is due on June 20, 2022, and is non-refundable. Balance can be paid by cash or check. Credit card payment(s) (any payment applied to the tour after the deposit) will access a 3.5% fee.

Travel Insurance:

We recommend travel insurance to help protect you and your trip investment against the unexpected. For your convenience, we offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us.

Travelex Insurance Services, Inc CA Agency License #0D10209. Travel Insurance is underwritten by Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

The price quoted is based on a USD/EURO exchange rate of 1.20. We reserve the right to adjust the price at final payment, if the exchange rate increases.

Included:

- 5 nights accommodation
- 5 x full breakfast
- 5 lunches (day 2, 3, 4, 5 & 6)
- 4 dinners (day 3, 4, 5, 6)
- Greenhouse visit and tasting (day 3)
- Rye bread tasting (day 4)
- All transportation as per tour program with private deluxe motorcoach
- Porterage at hotels (1 suitcase per person)
- · Professional tour guide during all days in Iceland
- Entrance fee to all mentioned sites
- Women of the Midwest Ambassador from day 1 through day 7
- All local taxes as per April 1, 2022

Women of the Midwest

Travel Solo Together

wholly owned division of Executive Travel

To register contact:

ExecutiveTravel

1212 O Street • Lincoln, NE 68508 Phone: 402-435-8888 (ask for Group Department) Fax: 402-435-2735 GroupDepartment@executivetravel.com www.executivetravel.com

ONLINE REGISTRATION: www.WomenoftheMidwest.com/journeys/

Air:

Group airfare is available; see separate insert.

Tour Activity for this tour: LEVEL 1 2 3 4

Involves a considerable amount of activity such as substantial walking (more demanding in certain areas), longer periods of standing, and some steep areas within the sites visited. This tour is not recommended for guests with walking difficulties and you should pack your hiking shoes/boots to gain the fullest of this wonderful Icelandic experience.

Visa/Passport requirements (per 4/1/2022):

U.S. citizens must have a valid passport to enter Iceland for tourism stays of up to 90 days. It is the traveler's responsibility to make sure all documentation needed to enter is as per current regulations. We recommend you check www.travel.state.gov at least 90 days prior to your departure.

This tour will be materialized with a minimum of 15 and a maximum of 22 travelers. We refer to our general Terms and Conditions found at executivetravel.com/eti-home/vacation/escorted-tours.

Accommodations:

- Centerhotel Midgardur, Reykjavik, or similar.
- Grimsborgir, Golden Circle, or similar.

Final accommodations will be confirmed 90 days prior to departure.

Excluded:

- Airfare and additional baggage fees (carry-on and first checked bag up to 50 lbs, free on the international leg)
- Travel insurance
- Professional fees, \$75 per person due at the time of registration
- Gratuities (estimate a total of \$10 per person, per day for driver and guide)
- Personal expenses
- Meals other than mentioned in the tour program
- Entrance fees to monuments and/or museums other than mentioned
- Anything not mentioned in the inclusions

Forwarding registration and deposit signifies that you agree to the terms and conditions found at executivetravel.com/eti-home/vacation/escorted-tours

GROUP AIRFARE!

We have secured seats and offer group airfare with Delta Airlines and Icelandair:

10/20/2022	Omaha* - Minneapolis	10:47 AM - 12:02 PM
10/20/2022	Minneapolis - Reykjavik	7:20 PM - 6:30 AM (10/21/2022)
10/26/2022	Reykjavik - Minneapolis	4:45 PM - 6:10 PM
10/26/2022	Minneapolis - Omaha*	9:25 PM - 10:43 PM

\$1,295 per person including taxes and fees, economy class.

*Ask us for airfare from a different hometown/state (a small difference in pricing may occur).

Two airline tickets will be issued and all checked baggage must be claimed at Minneapolis airport and re-checked with Icelandair on October 20. On the return, October 26, checked baggage must be claimed at Minneapolis airport and re-checked with Delta Airlines for the domestic part of your journey.

Baggage fees are not included on the domestic part of your journey. Expect \$35 for your first checked bag and \$40 for the second checked bag. Icelandair allows one free checked bag up to 50 lbs. per person, additional checked bags will be charged \$95 per bag. Baggage fees are subject to change.

Both airlines allow one free carry-on bag. Details will follow in your travel documents handed out approximately three weeks prior to departure.

Delta Airlines, seat assignements:

Group airfare comes with seat assignments 30 days prior to departure. Executive Travel and Women of the Midwest cannot confirm precise seat numbers earlier than 30 days prior to your departure and therefore cannot guarantee the availability of specific seating on the aircraft. We do our best to honor your preferences (window, aisle seat).

Icelandair, seat assignments:

Upgrades are based on availability and we are happy to assist with a quote for Saga Class seating. Please note, Icelandair is not a member of any alliance, thus you will not be able to use or gain frequent flier miles. Contact us if you have any questions, certain exceptions may exist.

Non-alcoholic beverages are offered free by both airlines. A snack is offered by Delta Airlines and snacks/food are available for purchase on board Icelandair.

SAFE TRAVELS!