

WOMEN OF THE MIDWEST
Travel Solo Together

COSTA RICA

Pure Life!

with Women of the Midwest!

October 29 - November 6, 2025



Dear Women of the Midwest,

We are thrilled to have you join us for what promises to be an unforgettable journey through one of the world's most beautiful destinations. Costa Rica is renowned for its lush rainforests, stunning beaches, and incredible biodiversity, and we're delighted to explore it all with you.

Prepare to immerse yourselves in the vibrant culture and breathtaking landscapes of this enchanting country. From looking for parrots in the 100 foot canopy to seeing butterflies that defy reality, each day is designed to be an exhilarating experience. Whether you're a nature enthusiast, a thrill-seeker, or simply looking for relaxation, Costa Rica offers something special for everyone.

Our itinerary includes visits to breathtaking national parks, opportunities to encounter exotic wildlife, and time to get out on the water on small open boats. We encourage you to embrace the spirit of adventure, connect with fellow travelers, and savor every moment of this journey. Remember, Costa Rica's motto is "Pura Vida," which translates to "pure life" — a reminder to enjoy the simple, beautiful moments of life.

As we embark on this journey together, remember that your comfort and enjoyment are our top priorities. Here's to a wonderful trip filled with laughter, discovery, and cherished memories.

Let the adventure begin!

Warmest Regards,
CarolAnn Condon
Women of the Midwest Ambassador



Call Executive Travel's Group Department today at 402-435-8888. Space is limited.

Colorful Birds



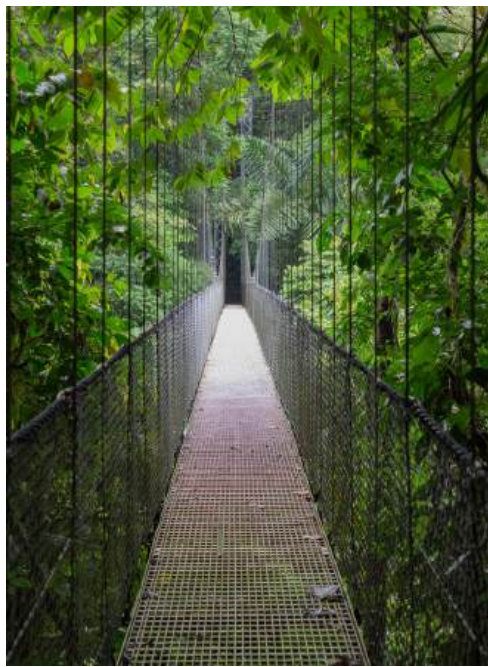
October 29, 2025 - Wednesday Arrive in San Jose

Let the adventure begin as we arrive in San Jose and meet our Professional Naturalist Tour Director and transfer to your hotel. San José, the bustling capital of Costa Rica, serves as the vibrant heart of the country, where a blend of rich cultural heritage, dynamic arts, and modern amenities come together amid the scenic backdrop of the Central Valley. On the 4th voyage of Christopher Columbus in 1502, the explorer



Baby Sea Turtle

Hanging Bridge



and his crew discovered the Caribbean side of a beautiful territory he called, “Costa Rica” or “Rich Coast” where we will venture tomorrow. Costa Rica is Central America’s greatest hidden gem, a haven for eco-tourism featuring lush forests, magnificent waterfalls, rumbling volcanoes and diverse ecosystems. We will transfer to our hotel for an overnight stay in lovely San Jose.

October 30, 2025 - Thursday Tour our way to Tortuguero

After breakfast, journey east to the Caribbeanshore and Tortuguero National Park. On the way, stop and enjoy a coffee plantation for a visit and tour. Next, pass by several banana plantations and see one of Costa Rica’s main exports being harvested. Later, board a motor launch for your cruise along the Tortuguero Canals, waterways crisscrossing a national park dedicated to the protection of endangered turtles. The trained eyes of your guide and boatman help you spot freshwater turtles, caimans, herons, toucans, egrets, and monkeys. An afternoon at leisure lets you explore your jungle lodge until you meet for an informative slideshow presentation on the area. At your lodge, enjoy an included lunch and check-in for a two night stay.

B | L | D

Bountiful Wildlife



October 31, 2025 - Friday Happy Halloween!

This morning enjoy a guided walking tour through the local trails with some free time before lunch. In the afternoon, visit Tortuguero National Park and experience the “Amazon of Costa Rica” aboard small open boats with an opportunity to see macaws, sloths, monkeys and other native species. While on this spectacular boat cruise through the various canals be sure to keep an eye out for wildlife including howler monkeys, sloths, toucans, aquatic birds, crocodiles, caimans and exotic flora. It protects over 350 species of birds and mammals as well. Free time before dinner. B | L | D

November 1, 2025 - Saturday Sarapiquí & Pineapple Farm Tour

A morning boat transfer begins your journey to the Sarapiquí area which is known for ornamental plants, banana, and pineapple plantations. Tour a pineapple farm owned by a local family, and learn about the history, cultivation, and industry of pineapples and other indigenous crops. Continue to your hotel in the lush town of Arenal, located in the shadow of Arenal Volcano. After settling in, enjoy some free time before dinner.

B | L | D

Beautiful Pottery



Local Flavors



Lesson's Motmot



Feliz Dia de los Muertos! (or Happy Day of the Dead!)

Each year in Costa Rica on November 2nd is a time to remember and celebrate deceased loved ones. Although more exuberantly celebrated in Mexico, Costa Ricans take this opportunity to celebrate their dearly departed by visiting cemeteries and grave sites, laying flowers and candles, and holding Catholic masses.

November 2, 2025 - Sunday

Today, explore a family-owned farm, getting a peek into the daily lives of the locals. During a tour of the gardens, learn how the plants are organically grown through the concept of sustainability. The farm considers itself a "classroom without borders." Taste the exotic fruit harvest and experience the traditional way to process sugar cane before engaging in a culinary demonstration and a farm-to-table. B | L

November 3, 2025 - Monday

Lake Arenal & Monteverde Cloud Forest
Enjoy a delightful cruise on Lake Arenal, Costa Rica's largest and most important lake. Then, it's off to the secluded Monteverde Cloud Forest, a place you have to see to believe, where trees grow to heights of 100 feet. Set off on a nature walk through this

spectacular ecosystem, where you're sure to encounter many incredible species of flora and fauna. B | D

November 4, 2025 - Tuesday

Santa Elena Cloud Forest & Ecological Sanctuary

This morning, visit Santa Elena Cloud Forest for a leisurely paced "Hanging Bridges" walking tour. Over 600 species of butterflies and 400 species of birds have been recorded inside this private reserve, along with 100 reptile and 120 mammal species that hide within the dense vegetation.

Later, visit the family-owned Ecological Sanctuary, where you will explore the trails through coffee and banana plantations filled with endemic wildlife and beautiful scenery. Have your camera ready at every turn! B | D

November 5, 2025 - Wednesday

Sarchi Village & Grecia Village

Following breakfast this morning, travel to visit Sarchi Village, known as the center of Costa Rican handcrafts where you will see the artists in their workshops making the famous oxcarts. Next stop is Grecia Village to see the metal church that was imported from Belgium to Puerto Limon in 1897. The church was transported by oxcarts to

its present-day location but sat in the plaza for 10 years before being reconstructed. This evening toast to the pura Vida of Costa Rica over a farewell dinner. B | D

November 6, 2025 - Thursday

Day of Travel

After a filling breakfast at our hotel we say Adios to our lovely journey, transfer to the airport in San Jose and fly home filled with wonderful memories of our Costa Rica - Pure Life tour and adventure. B



Delicious Fresh Fruit



To register contact:



1212 O Street • Lincoln, NE 68508

Phone: 402-435-8888 (ask for Group Department)

Fax: 402-435-2735

GroupDepartment@executivetravel.com

www.executivetravel.com

ONLINE REGISTRATION LINK:

<https://womenofthemidwest.com/journeys/>

Package Price:

Per person in a shared double room: \$4,295
 Per person in a single room (limited singles): \$5,195
 Triple rooms are not available on this trip.

We offer "Pair & Share" service for solo travelers. Ask us to assist with finding your roommate!

A non-refundable deposit of \$500 per person is required upon signing up. The deposit can be paid by cash, check, or credit card.

The balance is due on July 1, 2025, and is non-refundable. The balance can be paid by cash or check. Credit card payment(s) (any payment applied to the tour after the deposit) will access a 3.5% fee.

EARLY BIRD DISCOUNT:

Register at least eight (8) months prior to departure and receive a **\$200 DISCOUNT!**

This tour will be materialized with a minimum of 15 and a maximum of 22 travelers. Should the number fall below 15, all funds paid to Executive Travel will be refunded 90 days prior to departure.

Tour Activity Level: LEVEL 1 2 3+ 4

Level 3+: This tour involves a considerable amount of walking (sightseeing by foot), some stairs, longer periods of standing, outdoor activities, and steep areas within the places visited. We walk between 3-4 miles over the course of a day. Add to this the walking you do outside the group activities. This trip is not recommended for guests with walking difficulties.

Travel Insurance:

We recommend travel insurance to help protect you and your trip investment against the unexpected. For your convenience, we offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us.

Travelex Insurance Services, Inc CA Agency License #0D10209. Travel Insurance is underwritten by Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

Group airfare:

Group Airfare will be available for purchase beginning mid-December 2024.

Included

- 8 Nights Hotel / Lodge Accommodations
- 8 Breakfasts
- 4 Lunches
- 6 Dinners
- Admissions & Sightseeing per Itinerary
- Professional Naturalist Tour Guide
- Private Motorcoach Transportation
- Roundtrip Hotel Transfers
- Porterage at Hotels (one bag per person)
- Departure Taxes, Fuel & Fees

Accommodation (announced 30 days in advance):

- San Jose - Wyndham Herradura Hotel or similar
- Tortuguero National Park - Evergreen Lodge or similar
- Arenal Area - Arenal Paraiso or similar
- Monteverde - Hotel El Establo or similar

Hotels are subject to change.

Not Included:

- Group Airfare will be available for purchase beginning mid-December 2024.
- Additional baggage fees (first checked bag \$35 up to 50 lbs./ second checked bag \$45 up to 50 lbs.)
- Travel insurance
- Gratuities for local tour manager and driver (estimate \$12-\$15 in total per day)
- Personal expenses
- Meals other than mentioned in the tour program
- Entrances to monuments and/or museums other than mentioned
- Professional fee, \$75 per person, due at the time of registration
- Anything not mentioned in the inclusions



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Forwarding registration and deposit signifies that you agree to the terms and conditions found at executivetravel.com/eti-home/vacation/escorted-tours

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