

**WOMEN OF THE MIDWEST**  
Travel Solo Together

# GREECE

Eat - Live - Love

Athens - Peloponnese - Naxos - Santorini

with Women of the Midwest!

**September 25 - October 8, 2025**



Dear Women of the Midwest,

If you have ever dreamt about a “foodie” tour to Greece, here it is! Athens, Peloponnese, Naxos, and Santorini ...it doesn't get any better than this!

A silk-weaving monastery, golden honey, the world's finest olive oil, the best of the Mediterranean cuisine ...ordinary ingredients creating extraordinary experiences, and foods reflecting the celebration of life. And where there is a connection to real food, there is a connection to real life; let's live it up in Greece!

We follow the local pace, sampling the cuisine, the regional brews, and the daily customs. We learn of their colorful history and the people who made it so. From farm to table, we will savor the unique marriage of fresh ingredients and imagination, magically giving birth to delicious mouthfuls to eat and drink.

We will wander amongst the vineyards and wine barrels to sip and taste the exciting wines of ancient varieties. We will explore the myths and lore of legendary rulers, great warriors, and lost civilizations. We will discover unique products like nowhere else in the world, bursting with flavors from lava-rich soil and plentiful sun. We will recreate the recipes of years gone by as we head behind the kitchen door to chop, cook, and indulge.

Relax and unwind as you learn to appreciate an exceptional way of life ...the Greek way of life! THIS is the way travel should taste!

Reserve your spot now on this fabulous trip to Greece. Come, join me, solo or two-by-two.

Yours in travel and adventure,  
Barb Wallingford, Ambassador  
Women of the Midwest



Call Executive Travel's Group Department today at 888-549-1186. Space is limited.

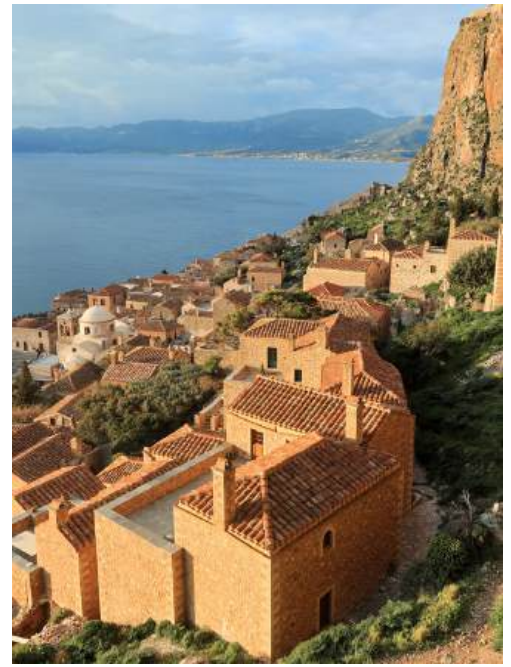
## Acropolis



## Lunch in the Olive Grove



## Monemvasia "Harry Potter" Town



### September 25, 2025 - Thursday Traveling to Athens

Our charming adventure begins as we take an overnight flight to Athens. Enjoy in-flight entertainment and meal service as you start your Greek dream "foodie" vacation.

### September 26, 2025 - Friday Athens

Welcome to Athens! Upon arrival, we will meet our private tour guide, who will accompany us during the entire trip. We are off to experience some of the most incredible sights in history. On our way to Athens, we will stop at Cape Sounion, where the impressive Temple of Poseidon rises above the Aegean Sea. A seaside lunch is served before we reach our hotel. Athens is one of the oldest cities in the world, full of myths, mysteries, and legends. The city is home to many sacred ancient sites, monuments, and landmarks - a fusion of old and new and a buzzing cosmopolitan metropolis. It is one of the most glorious cities in the world and the cradle of Western civilization as we know it today. Founded seven thousand years ago, the city flourished in the fifth century BC when Athenian democracy was practiced in the Bouletarion (council chamber) and open discussion was encouraged in the Agora (marketplace). Check into our hotel for an evening at leisure to relax and unwind. If you are still awake, take an evening stroll by the Acropolis; it's right next door. B | L

### September 27, 2025 - Saturday Athens

After a delightful breakfast, we head out to discover Athens. A short distance by foot takes us to the Acropolis, dominated by the Parthenon and built as a temple to Athena in the 5th century BC. From the top of the hill, you will see the Agora, where Socrates, Plato, and Aristotle strolled. Next, we will visit the stunning Acropolis Museum, where lunch is served. We will continue by

motor coach through the city to see the House of Parliament at Syntagma Square, the Tomb of the Unknown Soldier, the Public Library, the University, and the Panathenaic Stadium, where the first Olympics of the modern era were held. The late afternoon and evening are yours to enjoy the city. Don't miss old town "Plaka" with its numerous shops (open till late!), enjoy people-watching and a local "meze" (plate with small bites) - the best way to taste the local delicacies. B | L

### September 28, 2025 - Sunday Corinth Canal - Ancient Olympia

After a hearty breakfast, we board our motorcoach and drive towards pretty Peloponnese. We will stop to admire the canal that connects the Gulf of Corinth with the Saronic Gulf in the Aegean Sea. A local mountain village is the backdrop for lunch, followed by Greek coffee with the best baklava you have ever tasted! Arriving in Ancient Olympia in the early afternoon. Visit the birthplace of the Olympic Games. The Athletes met here for the first time in 776 BC, and this is where the Olympic Torch is lit every 4th year. Indulge in the exceptional aura of Ancient Olympia; it feels like the games are still on. The evening is yours to enjoy and relax. B | L

### September 29, 2025 - Monday Honey - Silk - Mystras - Sparta

After a rich breakfast, we will take a short drive to a traditional honey farm. Klio will meet us, introduce us to her agricultural activities, and tell stories about her grandparents, who made their living from the delicious local honey. We will walk the garden and be guided through Klio's private collection, learn about the secrets of honey production, and taste traditional sweets with honey prepared in front of us. We will continue toward Kalamata on the southern side of Peloponnese, world-famous for its olives. Lunch is served by the seaside

and promises to be a feast! Our last stop is at a special monastery, the Abbey of the Nuns. Founded in 1796, it has been a local space for charity, a safe place during German and Italian occupation, and a shelter for those displaced during the Greek Civil War. A central courtyard with orange trees houses the nuns' living areas and a church. The monastery is famous for its silk production. We will visit the room where the nuns used to work and cultivate silk back in the day and the weaving room where you can see unfinished pieces on the looms. Silk products are still made, including silk headscarves known to be among the finest in the world, embroideries, small icons, and more, which you can purchase from the monastery shop. Our last visit today is to the abandoned fortress of Mystras, a UNESCO World Heritage Site. Once the last stronghold of the Byzantine Empire, today, the stones of its monumental gates, medieval houses, palaces, and churches lay silent. We will spend the night in the city of Sparta. In ancient times, a powerful town-state known for its brave soldiers and set amongst vineyards and citrus-olive groves. B | L

### September 30, 2025 - Tuesday Monemvasia - Nafplion

At the tip of the Peloponnese's first leg is the unspoiled town of Monemvasia, a Byzantine castle citadel strategically perched on a massive rock protruding from the sea. The history of the town of Monemvasia starts with its name; it derives from the words "moni" and "emvasis," which mean "single passage." The Venetians discovered that the only passage to the castle town of Monemvasia was through a paved walkway. Before this walkway was constructed, the only way to enter the town was by boat. Monemvasia is one of the most romantic places in Greece. A Medieval Harry Potter town, exclusively carved on the slopes of a rock. We will have



## Portara (Gate of Naxos)



time to explore on our own before lunch is served inside the citadel. In the afternoon, we will drive toward Nafplion, one of the prettiest cities in Greece. You will love the small shops and narrow streets full of life. Take a stroll tonight to admire the lit-up Palamidi, a fortress nestled on the crest of a 709-foot-high hill built by the Venetians. Relax and kick back. B | L

## October 1, 2025 - Wednesday Epidauros - Nafplion

After a hearty breakfast, we are off to yet another extraordinary place. Our first stop is at a UNESCO World Heritage-listed site, the Ancient Theatre of Epidauros, a 2,300-year-old stage with legendary acoustics from ancient times. This place will make a special impression as it hosts the roots of all medicine and the cult of the God of Medicine, Asclepius. If you recall, the snake wrapped around the physician staff is today's symbol of the medical profession. It all began in Ancient Epidauros. Lunch is special and served in the shade of hundred-year-old olive trees. Enjoy the best local cuisine while learning about the "golden liquid" and the importance of olive oil. Tonight, we will taste ouzo, a dry anise-flavored aperitif enjoyed all over Greece. Some consider it the national drink. B | L | T

## October 2, 2025 - Thursday Naxos

We will enjoy a laidback morning prior to driving to Piraeus, the port of Athens, for our afternoon ferry crossing to the island of Naxos. The namesake capital (also called Hora) is a port town filled with whitewashed, cube-shaped houses and medieval Venetian mansions. The island offers everything from delicious food, local liquors, beautiful white marble, incredible Cycladic scenery, local crafts, and some of the best beaches in Greece. We will experience it all! Our three-night

## Santorini



stay in Naxos will be something you will never forget! B | L

## October 3, 2025 - Friday Taste of Naxos Tour

We will enjoy a laid-back breakfast. Later, we will take a walking tour of Naxos Town (Hora) with tastings of the local delicacies: cheeses, citrus liquor (kitron), and sweet pastries. You will fall in love with the picturesque narrow streets and local shops. Enjoy swimming in the crystal-clear waters this afternoon. Tonight, we have a special dinner arranged ...dance lessons included! B | T | D

## October 4, 2025 - Saturday Naxos Island Tour

Breakfast at our own pace before we board our motorcoach for an island tour. Experience local villages and beautiful scenery. We will also learn the techniques of the local ceramics as we will visit a workshop to be introduced to the history of local art and the different types of clay. We will enjoy lunch at our tour guide's favorite tavern. It doesn't get much better than this. B | L

## October 5, 2025 - Sunday Santorini - Oia Sunset

Enjoy free time in the morning to swim or take a last stroll in Hora. We will take a short two-hour ferry ride to Santorini, a most magical island, a sparkling jewel in the Aegean Sea with its white-washed houses set against the backdrop of the cobalt blue sea and famous for its black sand beaches. Molded by fire and sea, its majestic cliffs are still said to guard the secrets of Atlantis. Cameras out - this island is picture-perfect! We will check in to our hotel, and the afternoon is yours to bask in the golden sunshine, relax, and unwind in one of the most beautiful places in the world. We have arranged a tour of Oia in the evening to enjoy the spectacular sunset, dinner included! B | D

## Eat, Live, and Love Greece!



## October 6, 2025 - Monday

### Santorini - Food & Wine - Cooking Class

We are off to explore the wines and foods of Santorini. We stroll the ancient vineyards and discover the famous "kouloura," an ancient Phoenician technique of growing grapes in baskets. We will savor four of the island's most remarkable wines and head to the kitchen to broaden our knowledge of Santorini's rich culinary treasures. Using seasonal and locally grown ingredients, our local chef challenges our notions of how certain dishes should look, taste, and smell before we enjoy the results. B | T | C | L

## October 7, 2025 - Tuesday Santorini - Athens

Enjoy a relaxed morning to soak in the last impressions of Santorini. Take a walk along the caldera (volcano), or do your last souvenir shopping. We will board our flight to Athens in the early afternoon and relax at our airport hotel tonight. A light dinner is served while we reflect on all the wonderful memories of a once-in-a-lifetime journey. Eat, Live, and Love Greece! B | D

## October 8, 2025 - Wednesday Traveling Home

All too soon, your vacation has ended. Depart from Athens airport with plenty of time to check in for our flight and clear security. You may do some last-minute shopping at the duty-free stores before boarding and flying west across the Atlantic Ocean back to the United States. B

*Itinerary subject to change.*

B = Breakfast

L = Lunch

T = Tasting

D = Dinner

C = Cooking Class



To register contact:



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 GroupDepartment@executivetravel.com  
 www.executivetravel.com

ONLINE REGISTRATION LINK:  
<https://womenofthemidwest.com/journeys/>

**Package Price:**

Per person in a shared double room: \$5,295  
 Per person in a single room: \$6,395

A limited number of single rooms are available.  
 Triple rooms are not available on this trip.

We offer a "Pair & Share" service for solo travelers. Let us help you find your roommate!

A non-refundable deposit of \$500 per person is required upon signing up. The deposit can be paid by cash, check, or credit card. The balance is due on May 28, 2025, and can be paid by cash or check. Credit card payments (any payment made after the deposit) will access a 3.5% processing fee.

**EARLY BIRD DISCOUNT:**  
 Register at least eight (8) months prior to departure  
 and receive a **\$200 DISCOUNT!**

*This tour will be materialized with a minimum of 15 and a maximum of 22 travelers. Should the number fall below 15, all funds paid to Executive Travel will be refunded.*

**Tour Activity Level: LEVEL 1 2 3+ 4**

Level 3+: This tour involves a considerable amount of walking (up to five miles over the course of a day), stairs, longer periods of standing, outdoor activities, and some steep areas within the places visited. This trip is not recommended for guests with walking difficulties. Porterage is not included during ferry crossings (Athens-Naxos, Naxos-Santorini).

**Group airfare:**

Will become available by the end of November 2024. Estimate \$1,500 per person, including taxes and fees.

**Travel Insurance:**

We recommend travel insurance to help protect you and your trip investment against the unexpected. We offer a plan provided by Travelex Insurance Services. For rates and plan highlights, please ask us. *Travelex Insurance Services, Inc CA Agency License #0D10209. Travel Insurance is underwritten by Berkshire Hathaway Specialty Insurance Company, NAIC #22276.*

**Accommodation** (final accommodations 90 days prior to dep.):

- Athens - Electra Palace & Sofitel Athens airport (last night)
- Ancient Olympia - Hotel Olympion Asty or similar
- Sparti - Hotel Menelaion or similar
- Nafplion - Hotel Agamemnon or similar
- Naxos - Naxos Resort or similar
- Santorini - Hotel El Greco or similar

**Included**

- 12 nights accommodation at local 4-star hotels
- 12 x breakfast
- 8 x lunch, including 1 x hands-on cooking
- 3 x dinner
- All tastings (olive oil, wine, honey, cheeses, and more) as per itinerary
- Private motor coach transportation as per itinerary
- Sightseeing program as per itinerary
- All admissions as per itinerary
- Professional English-speaking tour guide during the entire program in Greece
- Ferry tickets Athens-Naxos & Naxos-Santorini (economy class)
- One-way domestic air, Santorini-Athens, economy class, including taxes, fees, and one checked bag up to 50 lbs
- Porterage at hotels (one bag per person)
- All local taxes and fees as of October 13, 2024
- Women of the Midwest Ambassador, September 25 - October 8, 2025

**Not Included:**

- Airfare
- Additional baggage fees (first checked bag is FREE, up to 50 lbs)
- Travel insurance
- Gratuities for local tour manager and driver (estimate \$15 in total per day)
- Personal expenses
- Meals other than those mentioned in the tour program
- Entrances to monuments and/or museums other than those mentioned in the tour program
- Professional fee, \$75 per person, due at the time of registration
- Anything not mentioned in the inclusions



**WOMEN OF THE MIDWEST**  
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10/13/2024