

WOMEN OF THE MIDWEST
Travel Solo Together

THE PERUVIAN DREAM

LIMA, MACHU PICCHU & THE RAINFOREST

with Women of the Midwest

March 10-20, 2026



Dear Women of the Midwest,

Welcome! I'm so thrilled you're considering this adventure—one that promises not only breathtaking sights, but deep connections and lasting memories. As your Tour Ambassador, I'm here to ensure your journey is smooth, joyful, and filled with moments that make you feel truly amazed.

This isn't just another trip—it's a unique experience through a land of wonder, rich with vibrant culture, ancient mystery, and natural beauty that takes your breath away. Whether we're wandering through charming neighborhoods, standing in awe at world-famous landmarks, or venturing into lush, untamed landscapes, every day offers something new to discover. And the best part? You'll be sharing it all with a group of like-hearted women who are just as eager as you are to explore, connect, and grow.

Many of the women who travel with us come solo, but they never stay strangers for long. You'll find yourself laughing over shared meals, swapping stories on scenic drives, and forming bonds that often last long after the journey ends. That's the magic of sisterhood—and it's at the heart of everything we do.

I'll be with you each step of the way, making sure you feel comfortable, supported, and free to experience this journey in a way that feels just right for you.

So pack your curiosity, your sense of adventure, and a good pair of walking shoes—we're off to create memories you'll never forget.

With excitement and warmth,
Mary Kay Roth, Ambassador



Call Executive Travel's Group Department today at 888.549.1186. Space is limited.

Market Goods



Sacred Valley View



Machu Picchu



Llama Herder



Tuesday - March 10, 2026

Arrival in Lima, Peru

After a long day of travel we arrive in the beautiful and exotic city of Lima, Peru and transfer to our 4 star accommodations in the lovely neighborhood of Miraflores. Miraflores is Lima's vibrant coastal district known for its upscale shops, lush parks, and stunning ocean views. Welcome to paradise!

Wednesday - March 11, 2026

Visit to the Larco Museum and a Free Afternoon

We'll begin our day with a visit to the renowned Larco Museum, home to the world's largest collection of pre-Columbian jewelry once worn by ancient Peruvian rulers. Explore intricate gold crowns, ear spoons, masks, and ceremonial vessels adorned with semiprecious stones. With over 10,000 years of history thoughtfully displayed across Peru's diverse regions—from the North Coast to the Andes—this museum offers a fascinating look into the country's rich cultural past. Afterward, we'll enjoy a delicious lunch at an oceanfront restaurant, where you can relax and take in the coastal views. The afternoon is yours to spend at your leisure—whether that means shopping for local treasures or simply unwinding in beautiful surroundings. **B/L**

Thursday - March 12, 2026

Half-day city tour and waterfall park

Begin your Peruvian adventure with a captivating half-day city tour that blends the charm of modern Lima with its rich historical roots. Explore the vibrant district of Miraflores, where oceanfront parks overlook the Pacific, and take in breathtaking coastal views. Journey back in time at pre-Columbian archaeological sites like Huaca Pucllana, a striking adobe pyramid nestled in the heart of the city. Then, head to Lima's historic center—a UNESCO World Heritage Site—where colonial-era architecture, grand plazas, and centuries-old cathedrals reveal the city's storied past. This engaging introduction offers a perfect snapshot of Lima's culture, history, and scenic beauty.

This evening, enjoy a stunning welcome presentation at the magical Water Fountain Park, Parque de las Aguas, where illuminated waterfalls and dancing lights set the stage for your journey ahead. This unforgettable show will introduce the rich culture, landscapes, and wonders you'll experience throughout your week in Peru. **B**

Friday - March 13, 2026

Flight from Lima to Cusco - Sacred Valley Sunset

We've arranged your flight from Lima to Cusco, taking you

from the coast to the majestic Andes at an altitude of 3,350 meters above sea level. To help your body adjust gradually to the elevation, we'll drive straight from the airport to your hotel in the Sacred Valley, where you'll have a free afternoon to relax and begin a gentle acclimatization. This peaceful setting is the perfect starting point for the exciting high-altitude adventures awaiting you in the coming days. **B/D**

Saturday - March 14, 2026

Tour to Machu Picchu from Sacred Valley

Your day begins early with a transfer from your hotel to the Ollantaytambo train station, followed by a scenic two-hour train ride to Aguas Calientes. Upon arrival, you'll have some time to enjoy breakfast or explore the town before boarding the bus to Machu Picchu, taking in breathtaking views along the way.

At Machu Picchu, enjoy a 2.5-hour guided tour through this awe-inspiring Incan citadel, one of the New Seven Wonders of the World. Your expert guide will lead you through iconic sites such as the Guardian's House, the Intihuatana (solar clock), the Temple of the Condor, and other sacred spaces. After the tour, you'll have free time to explore and take photos on your own.

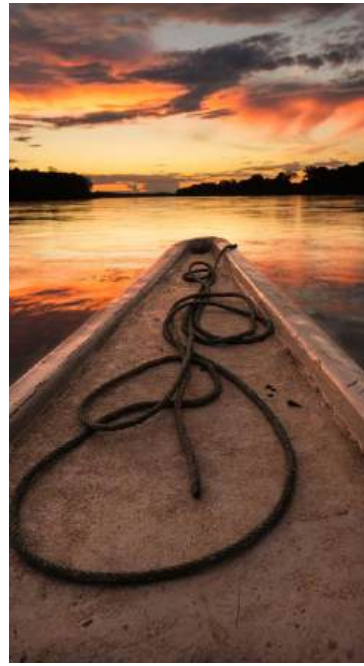
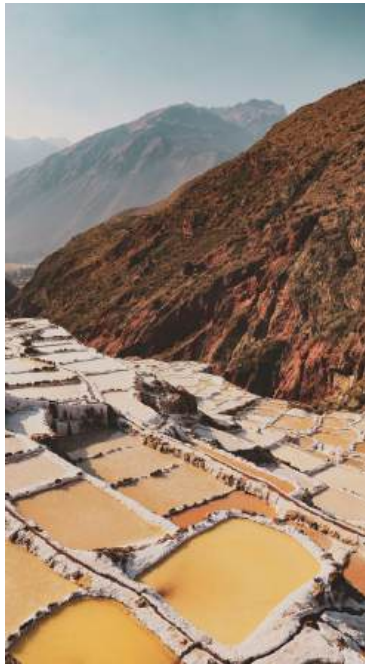
Later, return by bus to Aguas Calientes for lunch, and if time allows, relax in the local thermal baths. In the afternoon, board the train back to Ollantaytambo and continue by car to your accommodation in the Sacred Valley. **B/L/D**

Sunday - March 15, 2026

Cultural immersion - Meet a local family at Willoq

Immerse yourself in authentic Andean culture with a memorable visit to the Willoq community, where breathtaking landscapes meet living Inca traditions. Take part in ancestral activities like spinning and weaving, share a delicious pachamanca meal cooked underground, and join in the joyful rhythms of the traditional Huallata dance. This enriching experience offers a deep connection to the history, nature, and enduring customs of the Andes.

In the afternoon, we journey toward Cusco with a brief stop at the stunning salt mines of Maras—a striking landscape of pink and white salt terraces, still harvested today using ancient

Food Cooked Underground**Salt Mines, Maras****Sunset Boat Tour****Family Visit**

techniques passed down through generations. We end the day in Cusco, nestled at 3,350 meters above sea level, where the city's magical streets echo the legacy of the Inca Empire. **B/L**

Monday - March 16, 2026***Free morning in Cusco and city tour***

Today is dedicated to immersing yourself in the rich culture and ancient history of Cusco, the former capital of the Inca Empire. We'll begin with a guided walk around the main square before heading into the surrounding hills for panoramic views and a deeper understanding of the city's famed heritage. Highlights include visits to the Sun Temple (Qoricancha), the impressive stone fortress of Sacsayhuamán, the ceremonial site of Qenqo, and the water temple of Tambomachay.

This tour may be scheduled for either the morning or afternoon, and you will have free time to explore Cusco's vibrant streets, local markets, and hidden corners at your own pace. **B**

Tuesday - March 17, 2026***Fly from Cusco to Puerto Maldonado - Rainforest Sunsets***

After breakfast, we transfer to the Cusco airport for a flight to Puerto Maldonado, the gateway to Peru's lush Amazon rainforest and the Tambopata National Reserve. Upon arrival, we travel by boat down the scenic Madre de Dios River—an unforgettable 1.5-hour journey into the heart of the jungle—to reach the welcoming Ecolucerna Lodge.

After a delicious lunch made with organic, locally sourced ingredients, we'll set out to explore the surrounding rainforest. Learn about the unique ecosystems of both primary and secondary forests, their natural resources, and their vital role in the planet's health. As the day ends, enjoy a special night excursion by boat along the river to discover the nocturnal life and secrets of the Amazon under the stars. **B/L/D**

Wednesday - March 18, 2026***Expedition to Sandoval Lake - Safari tonight!***

Today promises to be an unforgettable adventure filled with the sights and sounds of the Amazon. We'll hike through the Tambopata National Reserve to reach the serene Sandoval Lake, a protected haven for incredible wildlife such as the endangered giant river otter, the vibrant blue-and-yellow macaw, and the massive paiche, one of the world's largest freshwater fish. Enjoy a peaceful picnic on the lake surrounded by nature, with time to relax before heading back to the lodge.

After a well-deserved rest, we'll head out once more for a guided night walk, flashlights in hand, to discover the Amazon's fascinating nocturnal wildlife. We end this amazing day with a farewell dinner of freshly steamed fish wrapped in banana leaves, prepared in true traditional Amazonian style. **B/L/D**

Thursday - March 19, 2026***Meeting indigenous local families - Flight to Lima***

This morning offers a peaceful moment to enjoy the sunrise and take in the breathtaking views of the Madre de Dios River one last time. Savor a final nutritious breakfast made with fresh, organic ingredients from the lodge's own pantry.

Before your departure, your guide and the Ecolucerna staff will bid you farewell and share a brief presentation on the inspiring work of the Green Angels Foundation and their efforts in rainforest conservation. Then, we travel by canoe back to Puerto Maldonado, followed by a transfer to the airport for our return flight to Lima, closing this unforgettable journey through Peru's natural and cultural wonders. **B/L**

Friday - March 20, 2026***Bidding farewell***

Today marks the closing chapter of your grand Peruvian adventure, a journey woven with vibrant colors, ancient whispers, and breathtaking landscapes. As the sun sets on this unforgettable experience, you carry with you not just souvenirs, but a tapestry of memories—moments shared with new friends, stories told under starlit skies, and the gentle echoes of a land rich in history and spirit. Though the time has come to part ways, the spirit of Peru—the warmth of its people, the mystery of its mountains, and the rhythm of its rivers—will forever linger in your heart. Until we meet again, may these memories inspire your soul and call you back to this magical land one day. **B**

Itinerary is subject to change.

B = Breakfast L = Lunch D = Dinner



To register contact:



1212 O Street • Lincoln, NE 68508

Phone: 888.549.1186

GroupDepartment@executivetravel.com

www.executivetravel.com

SECURE ONLINE REGISTRATION LINK:

Via our website www.WomenoftheMidwest.com/journeys

Package Price:

Per person in a shared double room: \$3,995.00

Per person in a single room: \$4,995.00

Remember our "Pair & Share" program for solo travelers.

A non-refundable deposit of \$500 per person is required at registration and can be paid by ACH (Automated Clearing House), check, or credit card. The balance is due on November 28, 2025, is non-refundable, and can be paid by ACH, check or credit card. When using a credit card for final payment a 3.5% processing fee applies as assessed by the credit card processing company. Checks must be received in our office at least 100 days before the tour's departure date. If you book within 100 days of departure, ACH or credit card payment is the required payment method.

EARLY BIRD DISCOUNT:

Register by September 10, 2025
and receive a **\$200 DISCOUNT!**

The tour will be materialized with a minimum of 16 travelers and a maximum of 20 travelers. Should we, for any reason, not be able to guarantee this departure, we will offer a refund of all funds paid to Executive Travel for land, air and travel insurance 90 days prior to departure.

Tour Activity Level: LEVEL 1 2 3+ 4

Level 3+: This tour involves a considerable amount of walking (can be three to five miles over the course of a day) at high altitudes, longer periods of standing, outdoor activities, and some steep areas within the places visited.

This trip is not recommended for guests with any mobility or breathing difficulties. Guests should be in good physical condition to enjoy this tour.

Group Airfare:

See separate insert.

Travel Insurance:

Travel insurance for this particular tour is highly recommended due to the remote locations. This is to protect you and your tour investment against the unexpected. For your convenience, we offer a plan provided by Traveler Insurance Services. For rates and plan highlights, please ask us.

Traveler Insurance Services, Inc. CA Agency License #0D10209. Insurance coverages underwritten by individual member companies of Zurich in North America, including Zurich American Insurance Company (NAIC #16535, state of domicile: New York), 1299 Zurich Way, Schaumburg, IL 60196.

Hotel Accommodations (All hotels are 4-Star):

- Examples: Los Portales, Casa Andina, San Agustin, Sonesta and Xima hotels or similar.
- Ecolucerna Lodge Tambopata

Included:

- 10 nights accommodations in 4-star hotels
- 10 breakfasts
- 6 lunches
- 4 dinners
- 1 Culinary Experience (Lima)
- Private transportation per itinerary
- Flights within Peru
- 1 bag up to 44 pounds + 1 handbag (*subject to change before departure)
- Guided tours with entrance, transport for routes according the itinerary
- Professional English-speaking tour director
- Expert local guides per itinerary
- All gratuities
- Train ticket
- All local taxes and fees as of July 7, 2025
- Women of the Midwest Ambassador from March 10 - 20, 2026

Not Included:

- Recommended Travel Insurance
- Airfare - see separate insert
- Porterage at hotels
- Professional fees, \$100 per person due at the time of registration
- Personal expenses
- Meals other than mentioned in the tour program
- Entrance fees to monuments and/or museums other than mentioned
- Anything not mentioned in the inclusions

*Travelers are not required to join the group each day. However, if you choose not to participate, please notify the Tour Director or Ambassador in advance. In the event of illness or injury, our policy ensures that the Ambassador will remain at the hotel to provide support.



WOMEN OF THE MIDWEST

Travel Solo Together

A wholly-owned division of Executive Travel Inc.

Forwarding registration and deposit signifies that you agree to the terms and conditions of this tour which can be found on our website at WomenoftheMidwest.com/journeys/

Call Executive Travel's Group Department today at 888.549.1186. Space is limited.

7/29/2025

JOIN OUR GROUP AIRFARE!

We offer group airfare with **American Airlines**:

March 10, 2026	Omaha, NE* - Miami, FL	6:54 AM - 11:20 AM
March 10, 2026	Miami, FL - Jorge Chavez, Lima, PE	3:35 PM - 8:15 PM
March 20, 2026	Jorge Chavez, Lima, PE - Miami, FL	6:55 AM - 1:55 PM
March 20, 2026	Miami, FL - Charlotte Douglas, NC	5:10 PM - 7:20 PM
March 20, 2026	Charlotte Douglas, NC - Omaha, NE*	8:15 PM - 10:06 PM

\$1,295.00 per person including taxes and fees, economy class.

*We are happy to assist with airfare from a different airport than Omaha. Reach out to get your quote.

If you travel from a different airport, we aim to have you meet your fellow travelers at Miami, FL airport (unless it's more convenient for you to meet the group at Jorge Chavez, Lima, PE airport) on March 10, and return from Jorge Chavez, Lima, PE airport around the same time as the rest of the group on March 20.

Important notes about seat assignments, upgrades, TSA Pre-Check- & Frequent Flyer Numbers:

- **Group airfare** comes with **seat assignments 30 days prior to departure**. We cannot confirm precise seat numbers earlier than 30 days prior to your departure and therefore cannot guarantee the availability of specific seating on the aircraft. We do our best to honor your preferences (window, aisle seat).
- **Premium seating upgrades - depending on availabilities:**
Main Cabin Extra can be purchased and confirmed **once the tickets are issued** = 30 days prior to departure. Estimate a \$200-\$400 supplement depending on the specific aircraft types.

Premium Economy can be reserved **at the time of booking** your trip with us. Estimate a \$500-\$1,000 supplement depending on the specific aircraft types.

Business Class can be reserved **at the time of booking** your trip with us. Estimate a \$1,000-\$2,000 supplement depending on the specific aircraft types.
- **Mileage credit** for individuals on group air contracts is not guaranteed and is subject to the rules of the airline under contract.
- **TSA Pre-Check numbers and Frequent Flyer numbers must be reported at the time of registration, otherwise, upon check-in at the airport.** Please always present your TSA Pre-Check number, Global Entry number, and Frequent Flyer number upon checking in at the departure airports to ensure the airline has all your details. Even if we have entered everything into your reservation, an aircraft configuration change may result in these numbers not being stored.
- **Taxes**, fuel charges and security fees are subject to change.
- **Air schedules** are subject to change at the discretion of the airline.

